



OUR RESPONSIBILITY FOR WAR

AND FOR PEACE

11th February 2006

9:30am Registration

Conference: 9.30am-4:00pm

Holloway Road Resource Centre, London

*'Violence repels us but violence also attracts us.
Violence alarms us but violence also entertains us.
Violence destroys us but violence also protects us'*

(World Council of Churches report for Decade to Overcome Violence)

In planning this conference we have been preoccupied by the idea that it is not enough to object to war and say peace is a good thing; we need to recognise that most of us are intimately connected and implicated in the conditions which make for war, and creating peace takes work. We think that denial of our involvement in violence robs us of our energy to work for peace and making this clear is one contribution that psychological thinking can make. In this conference we aim to provide the opportunity for delegates to discover their contribution to war and peace at a personal and political level, and to develop further understanding of the psychological aetiologies for war and violence.

PROGRAMME

- ❖ 9.30-10.00 Arrival and registration
- ❖ 10.00 –10.50 Social Dreaming Matrix – Herb Hahn
- ❖ 10.50-11.10 Refreshments
- ❖ 11.10-1.00 Panel in Dialogue –

Arlene Audergon Psychotherapist, Conflict Resolution Facilitator,
Author of *The War Hotel*

David Ervine leader of the Progressive Unionist Party and former
political prisoner

Renos Papadopoulos, Professor of Analytical Psychology, and
Consultant to the UN,

Gabrielle Rifkind Group Analyst, Human Security Consultant

- ❖ 1.00-1.45 Lunch
- ❖ 1.45-3.15 **Exploratory Workshops** to include Political Clinic, Body
Therapy, Self Defence class, consultations
- ❖ 3.15-3.30 Refreshments
- ❖ 3.30-4.00 Plenary and Conclusion
- ❖ 4.30 AGM for members

More programmes available from www.pcsr.org.uk or 01926 313058

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DETAILS OF PROGRAMME

10.00-10.50 SOCIAL DREAMING - HERB HAHN

In the words of Gordon Lawrence, discoverer of social dreaming: Social dreaming is an opportunity to share your dreams with others in a matrix. The focus is in the dream, not the dreamer. The dreamer tells his dream to the others in the matrix, but the dream is not a personal belonging, since it includes social, political, institutional and spiritual aspects of the environment of the dreamer. The meaning of the dream is made possible through the use of free association and amplification to give shape to the echoes of thought and the thoughts which exist in the space between the minds of individuals living in the social environment. **HERB HAHN** is a Psychotherapist, supervisor, mentor and group facilitator. A member of the BAP, SIP, BAPPS, GAS and a Visiting Senior Fellow at the Centre for Psycho-Social Studies UWE, he draws on his trainings and experiences to engage with individuals, partners, groups and organisations in UK and abroad.

NB THIS SESSION WILL START PROMPTLY - NO LATE ARRIVALS CAN TAKE PART

11.00-1.00 PANEL IN DIALOGUE

GABRIELLE RIFKIND is a Group Analyst and psychotherapist and advisor to the Oxford Research Group on the human relations aspect of conflict resolution. She recently co-authored the report 'Hearts and Minds: Human Security Approaches to Political Violence' with Dr Elsworthy. She was recently in Beirut where she was involved in track 2 meetings with groups who have historically undermined the peace process.

RENOS PAPADOPOULOS, is professor of Analytical Psychology at the University of Essex, consultant clinical psychologist at the Tavistock Clinic, training and supervising Jungian psychoanalyst, and systemic family psychotherapist. As consultant to the UN and other organisations, he has been working with refugees and other survivors of political violence in several countries.

DAVID ERVINE a former political prisoner, is leader of the Progressive Unionist Party, a Belfast city councillor and member of the Northern Ireland Assembly. Following the decision of the main Protestant paramilitary organisations to call a ceasefire in 1994, he has become a highly influential figure in Loyalist politics. He encourages the community to separate politics from religion and to support a more modern form of non-sectarian unionism.

ARLENE AUDERGON (PH.D.) teaches Process Work in the UK and internationally. A co-founder of CFOR (Community Force for Change) she is interested in the value of community forums to support a multi-cultural society, finding creative directions for community problems, and for post-war and preventive conflict work. She has also developed methods of applying Process Work to theatre. She is author of *The War Hotel: Psychological Dynamics of Violent Conflict*, (Whurr/ John Wiley) www.processwork-audergon.com

VENUE

Holloway Road Resource Centre is centrally located at 365 Holloway Road, London N7 (next to Waitrose), 200 yards from Holloway Road Tube Station, (Piccadilly Line). Parking is difficult, so you are advised to travel by public transport. Advance arrangements may be made for a limited number of disabled drivers to park on site. Please state on your booking form if you need a space.

WORKSHOPS 1:45-3.15

BODY WORKSHOP - NICK TOTTON

Exploring our bodily reactions to the subject of the conference as a powerful resource for creative engagement with change. Nick Totton is a body psychotherapist and trainer living in Mytholmroyd. He is author of several books including *Body Psychotherapy: An Introduction*, and edits *Psychotherapy and Politics International*.

AGGRESSIVE PLAY AND SELF DEFENCE WORKSHOP-JOHN SHEILS AND JAMES BARRETT

John Shiels is a Self Defence Instructor for all ages, (6 to 60!), British Full Contact Kick Boxing Champion and Personal Safety Expert specialising in responding to dangerous situations intelligently and safely. James Barrett is a Jungian Psychotherapist in private practice in Leamington Spa. Member of PCSR Steering Committee. Through play fighting and self defence one can learn a distinction between, on the one hand aggression associated with close physical contact, intense relationality and love, and on the other, aggression expressed by avoidance of the other and deathly fear of proximity and contact. The workshop will teach some useful physical self protection, it will be both experiential and thoughtful. Together we will consider our capacity to be responsible for our own violence, and the proposition that enough confidence in being able to protect oneself enables the capacity to be aggressive appropriately.

WORKSHOPS CONTINUED OVERLEAF

PCSR Conference 2005 Booking Form

Name: _____

Address: _____

Tel: _____ Mobile: _____

Email: _____ Date: _____

Organisation funded (£110) _____ Non-Member self funding (£90): _____

PCSR Member* self funding (£70): _____ Concessions (£40): _____

*Application form overleaf

(Cost includes lunch and refreshments.)

How did you hear about this Conference?

Occupation _____

Special dietary requirements: _____

Disabled facilities

I enclose a cheque for £110 £90 £70 £40 (per person) payable to PCSR.

Please post booking form, and cheque to:

PCSR, Mill View, Golf Lane, Whitnash, Leamington Spa. CV31 2PY
admin@pcsr.org.uk www.pcsr.org.uk 01926 313058

Cancellations – prior to 27th January 2006 refunds will be less £10 administrations costs. No refunds can be given for cancellations after 27th January 2006 unless a substitute delegate is provided.

POLITICAL CLINIC - TRUDI MACAGNINO and JUDITH ANDERSON

Trudi is an Integrative Psychotherapist and Supervisor working in private practice in Nottingham, with many years experience of training and facilitating a diverse range of groups. She became a member of the PCSR National Steering Group this year. She is a resident of an ecologically sustainable community called the Hockerton Housing Project in Nottinghamshire. Judith Anderson is a Jungian Analytical Psychotherapist and Psychiatrist. She recently researched Forgiveness in the context of therapy and is currently Chair of PCSR steering group. In this clinic we will explore the links between the personal and political in relation to violence, war and peace.

NATURE CONSTELLATIONS - ZITA COX

This experiential workshop extends the family systems work of Bert Hellinger to the subject of the conference. Participants will be invited to describe briefly their burning issues arising from the morning, and the group will choose which will be constellated. Members of the group will be chosen to represent aspects or members of the system. Constellations allow us to open the doors of our perceptions and listen to the natural world, releasing us from left brain debate.

OTHER WORKSHOPS TO BE CONFIRMED

APPLICATION FOR MEMBERSHIP

Please print and return to address below
NB JOIN IN 2005 AND MEMBERSHIP WILL LAST UNTIL
JAN 2007. MEMBERSHIP NOW INCLUDES
SUBSCRIPTION TO POLITICS AND PSYCHOTHERAPY
INTERNATIONAL AS WELL AS TRANSFORMATIONS

Membership is open to all who are interested in bringing
psychotherapy and counselling into the public domain.
Further details see website

Name:

Address:

Occupation

Email:

Telephone:

I enclose a standing order form/cheque.

**Please Note: Our preferred method of payment is
Standing Order to save on administrative costs.** We
would therefore be grateful if you would also complete the
standing order form and return this with your application.
Standing orders can be monthly ie £4 or £2.50 (full time
students)

£48 £30 (full time student)

Date:

RETURN TO: PCSR Admin, Mill View, Park Farm, Golf Lane,
Whitnash, Leamington Spa CV31 2PY.

REGULAR STANDING ORDER FORM

Please complete the form below and return it to address below. We
will keep a copy and send the original standing order form to your
bank so that they can process payments.

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Your bank:

To: (Bank/B-Society)

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Sort code:

Please pay to: NatWest Bank Plc, Ealing Branch, 1 The Mall, Ealing,
London. W5 2PL

for the account of Psychotherapists and Counsellors for Social Responsibility

Account No: 82241473 Sort Code: 60-07-10

Please Pay **UPON RECEIPT OF THIS REQUEST**

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AND THEREAFTER

on the day of (month)

a like sum each **year/month***until further notice (*please indicate preference)

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PLEASE NOTE THAT THIS REPLACES ANY PREVIOUS STANDING ORDER FORMS